

Plan Design

2017 PLAN DESIGN

Your employer has created a plan with you in mind! The goals listed below are part of your 2017 wellness program. By achieving these goals, you are able to earn a discount on your monthly health insurance premium. Participation in this program is voluntary. However, if you enroll in the health plan but choose not to participate, you may miss out on significant financial rewards.

**FOR 2017-2018,
SAVE UP TO
\$145 MONTHLY!**



YOUR GOALS		
CRITERIA	EMPLOYER GOAL	POINTS EARNED IF GOAL MET
*BODY MASS INDEX	≤ 28.0	2
BLOOD PRESSURE	≤ 125/85	1
LDL CHOLESTEROL	≤ 125	1
TOBACCO/NICOTINE	Negative	1

**Waist measure automatically corrects elevated BMI due to lean muscle mass, even if the participant fails the BMI goal. (Female ≤33 inches, Male ≤35 inches).*

BRAVO POINTS	0	1	2	3	4	5
EMPLOYEE ONLY	\$147.15	\$117.72	\$88.29	\$58.86	\$29.43	\$0.00
EMPLOYEE/SPOUSE	\$364.91	\$335.48	\$306.05	\$276.62	\$247.19	\$217.76
EMPLOYEE/CHILD(REN)	\$258.01	\$228.58	\$199.15	\$169.72	\$140.29	\$110.86
EMPLOYEE/FAMILY	\$677.24	\$647.81	\$618.38	\$588.95	\$559.52	\$530.09

Not sure if you can meet one or more of the goals?

We can work with you, and if you wish your doctor, to find an alternative way for you to qualify for the full reward.

Contact Bravo Wellness at 877.662.7286 or visit your company portal at www.bravowell.com/aedd